

EASTSIDE

wholefoods

WELCOME! We are so excited to be here in the East Geelong neighbourhood! Come and see us at 269 Myers Street and check out our huge range of bulk products- with loads more products arriving daily. As well as bulk foods we have the most extensive plant based grocery in Geelong! While we are building our website, here's our current bulk product list- but do inquire if we don't seem to have what you're after, it's probably almost here!

To place and order for delivery or collection, please email your order or inquiry to shop@eastsidewholefoods.com or call us on 03 4210 9977.



SNACKS

Wasabi Peas
Soy Crisps Plain
Soy Crisps Sweet Chilli & Lime
Corn Crunch Chilli
Corn Crunch BBQ
Hot & Spicy Mix
Rice Snax BBQ
Seaweed Rice Crackers
Hunter Gatherer Trail Mix
Peanut Butter Nugget
Vienna Almonds Organic Popping Corn
Organic Real Raspberry Liquorice
Roasted Yellow Chickpeas
Activated Seeds and Beans
Tamari Almonds
Seaweed Rice Crackers
Sesame Curry Peanuts



NUTS and SEEDS

Unsalted Nut Mix
Raw Pistachio
Walnut Kernel
Pine Nuts
Peanuts Raw
Peanuts Blanched
Peanuts Roasted
Pecan Nuts
Cashew Pieces
Cashew Whole
Hazelnuts
Brazil Nuts
Flaked Almonds
Smoked Almonds
Spray Free Almonds
Linseed
Pepitas
Sesame Seeds
Poppy Seeds
Sunflower Seeds
Hemp Seeds
Caraway Seeds
Black Chia Seeds
Australian Biodynamic Pumpkin Seeds
Teff Seeds
Black Sesame Seeds

S



BREKKY

Nut and Chia Granola
Keto Granola
Seed and Nut Muesli
Honey Roasted Walnut and Fig Muesli
Organic Buckwheat Pancake Mix
Organic Oats
Brown Rice Puffs
Quinoa Puffs
Toasted Coconut Flakes
Coconut Sugar
Organic Activated Bukinis

Organic Buckwheat
Organic Amaranth Puffs
Organic Quinoa Flakes
Organic Buckwheat
Organic Amaranth Puffs
Organic Quinoa Flakes
Organic Coconut Flakes
Steel Cut Oats
Quinoa, Chia and Date Porridge
Mango, Cashew and Coconut Granola
Oat Bran
Puffed Buckwheat
Rolled Rice



FRUIT

Organic Dried Apricots
Biodynamic Apple
Mango Cheeks
Medjool Dates
Figs
Pineapple Rings
Goji Berries
Sultanas
Ginger
Fruit and Nut Mix
Paw Paw Spears
Currants
Australian Bananas
Cake Fruit Mix
Fruit Medley
Cranberries
Muscatel Clusters
South Australian Dried Pears
Mixed Peel
Orange Peel
Glacé Cherries
Australian Apricots
Raisins
Fruit Salad
Plums



GRAINS

Basmati Rice- White
Basmati Rice- Brown
Arborio Rice
Biodynamic Medium Grain Brown Rice
Wild Rice
Organic Black Rice
Cous Cous
Black Quinoa
Pearled Barley
Buckwheat
Organic Tri Colour Quinoa
Bulghur Wheat
Polenta
Organic Gluten Free Buckwheat Pasta Spirals
Organic Zoo Pasta-Tomato and Spinach
Organic Gluten Free Penne
Farro
White Quinoa
Pearl Cous Cous
Organic Fusilli with Tomato and Spinach
Chickpea Cous Cous
Teff Penne
Cracked Freekeh
Spelt Grain



BAKING

Organic Premium White Bakers Flour
Organic Wholemeal Spelt Flour
Organic Unbleached White Spelt Flour
Organic Wholewheat Bakers Flour
Organic Unbleached White Cake Flour
Organic Besan (Chickpea Flour)
Brown Rice Flour
Rapadura (Panella) Sugar
Natural Xylitol
Organic Raw Sugar
Himalayan Rock Salt – Fine
Celtic Sea Salt- Fine
Organic Coconut Flour
Organic Quinoa Flour
Organic Whole Rye Flour

Organic Buckwheat Flour
Organic Almond Flour
Bi Carb Soda
Baking Powder – Aluminium Free
Brown Sugar
Brown Teff Flour
Brown Teff Flakes
Australian Salt Flakes
Organic Tapioca Flour (Starch)
Vital Wheat Gluten
Self Raising Flour
Wholemeal Self Raising Flour
Caster Sugar
Icing Sugar
Cornflour
Potato Starch



LEGUMES

Red Kidney Beans
Chickpeas
Split Red Lentils
Toor Dhal
Green Lentils
Soup Mix
Puy Lentils
Black Beans
Chana Dhal
Great Northern Beans
Green Split Peas
Organic Soy Beans
Organic TVP
Lima Beans
Mung Dhal
Adzuki Beans
Black Eyed Beans
Organic Mung Beans



CHOCOLATE

Dark Chocolate Drops
Organic Cacao Powder
White Chocolate
Cashew Mylk Chocolate
Milk Chocolate Buttons
White Chocolate Buttons
White Chocolate Raspberries
Cocoa Butter
Vegan Belgian Dark Chocolate
Organic Carob Powder
Vegan Coconut Crunch
Vegan Nuts about Nuts
Vegan Chocolate Figs
Vegan Dark Chocolate Boysenberries
Vegan Dark Chocolate Macadamia
Vegan Dark Chocolate Strawberries
Vegan Dark Chocolate Pretzels
Vegan Dark Chocolate Coffee Beans
Vegan Dark Chocolate Raspberries
Vegan Dark Chocolate Ginger
Vegan Chocolate Peppermint
Vegan Chocolate Turkish Delight
Vegan Carob Freckles
Vegan Carob Buttons
Vegan Organic White Chocolate Drops
Vegan Organic Sugar Free Dark Choc
Vegan Organic Smarties
Organic Cacao Nibs
Dark Chocolate Goji Berries
Australian Biodynamic Pumpkin Seeds – Dark
Chocolate Coated
Biodynamic Walnuts – Dark Chocolate and
Turmeric Coated
Dark Chocolate Coated Liquorice



TEAS

Organic English Breakfast
Organic Australian Green Tea
Organic Turmeric Sweet & Spice
Organic Berry Fruity
Organic Moroccan Mint
Organic Immune Boost
Organic Lemongrass & Ginger
Organic Mother Earth
Organic Hibiscus
Organic Roasted Dandelion Root
Organic Golden Latte
Organic Blue Pea Latte
Organic Earl Grey
Organic Chamomile
Organic Private Estate Ceylon
Organic Fenugreek
Organic Rosehip
Organic Butterfly Pea Flower
Organic Rooibos Tea
Organic Gut Health Blend
Organic Blue Tango
Organic Jasmine Pearls
Organic Turmeric Chai
Organic Pink Lady
Organic Lemon Balm



SPICES

Chipotle
Baharat
Cardamon Pods
Organic Ceylon Cinnamon
Coriander Seeds
Dukka
Ginger
Garlic Powder
Hibiscus
Persian Rose Petals
Whole Nutmeg
Mixed Spice
Organic Turmeric
Mixed Herbs
Organic Turmeric
Mixed Herbs
Smoked Paprika
Mixed Peppercorns

Saffron
Cumin Seed
Fennel
Curry Powder
Onion Powder
Black Peppercorns
Mustard Seeds
Saffron
Cumin Seed
Fennel
Curry Powder
Onion Powder
Black Peppercorns
Mustard Seeds
Cinnamon Quills
Ground Cloves
Whole Cloves
Ground Coriander
Ground Cumin
Crushed Red Chillies
Whole All Spice
Mixed Forest Mushroom
Poblano Ancho Chilli
Smokey Tomatina
Kashmiri Krush
Southern Cajun Herb and Spice Mix
Taco and Burrito Seasoning
Agar-Agar
Rosemary
Sage Leaf
Thyme
Basil
Celery Seed
Celery Salt
Parsley
Sweet Paprika
Oregano
Tarragon Leaves
Garlic Flakes
Onion Flakes
Sumac
Curry Leaves
Chinese Five Spice



SUPERFOODS

Maca Powder
Mesquite Powder
Pea Protein
Activated Charcoal
Beetroot Powder
Acai
Reds and Greens
Matcha
Wild Crafted Gubinge (Kakadu Plum)
Finger Lime Powder
Mountain Pepper Leaf – Ground
Mountain Pepper Leaf –Whole
Wattleseed Powder
Organic Super Greens
Organic Spirulina
Organic Psyllium Husks
Soya Lecithin
Organic Barley Grass Powder



HOUSE & LIQUIDS

Laundry Powder
Dishwashing Powder
Laundry Liquid
Natural All Purpose Cleaner
Cleaning Vinegar
Body Wash
Epsom Salts
Magnesium Chloride Flakes

Olive Oil - Lighthouse Bellarine
Honey – Serendip Sanctuary
Organic Maple Syrup
Organic Tamari
Organic Australian Apple Cider Vinegar
Organic Coconut Aminos
Organic Hulled Tahini
Organic Toasted Sesame Oil
Balsamic Vinegar
